

Antibacterial Wipes – Which ones?

The wipes you will use in class will be for wiping your hands and your client's feet. With this in mind we want you to start thinking and acting like a Complementary Therapist, which is why we've prepared this guide to antibacterial wipes.

YES!

- These wipes **ARE** appropriate
- These are suitable for skin
- Client care and hygiene
- Smell fresh and clinical



NO!

- These wipes are **NOT** appropriate
- They're made for surfaces - not skin
- Smell of harsh chemicals isn't therapeutic
- Best use in the kitchen, not on your client!



Antibacterial Wipes suitable for skin can be purchased in various places; Tesco, Superdrug, Boots even Petrol Stations. Even easier ... online via Amazon! There are so many to choose from but providing they are good for use on the skin then it will be fine.