

Massage Oil – What type?

The massage oil you bring to class is important, in the same way that it will be for the clients that you massage once you're qualified.

YES!

These oils **ARE PERFECT** for practice and client massage. They're good quality, healthy and prepared for the skin.



OK

These oils are **not great** but they are ok for general practice. Consider investing in a better quality massage oil.



NO!

These are **NOT** ok for use during a massage. They are highly processed, smell unpleasant and give the wrong impression to your clients.



Think to yourself ... which oil would I like to be massaged with?

Would you really like to smell like a roadside café or be massaged with the same oil you would deep fry chips? We hope the answer is no.